Who is a candidate for this procedure?

Suffering with arthritis?
You can now choose minimally invasive surgery when hip replacement is the chosen treatment of the patient and their doctor.

Hip Pain?
The most important muscles for hip function, the gluteal muscles that attach to the pelvis and femur, are left undisturbed and, therefore, do not require a healing process to recover from surgical trauma.

Stiffness?
The Anterior Approach is a proven technique that minimizes the pain and the time from surgery to recovery.

Limited Hip movement?
One of the least invasive surgical options is Anterior Hip Replacement.

Learn more @ newhipnews.com

- Find A Physician
- Find A Hospital
- Anterior Approach Hip Replacement
- Testimonials
- hana® Surgical Table

References
5. Alecci et al., Comparison of primary total hip replacements performed with a direct anterior approach versus the standard lateral approach: perioperative findings. J Orthop Traumatol., Jul 2011, (12): 123-129

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What is Anterior Hip Replacement?

Thousands of people suffering from arthritis, hip pain and stiffness now choose a less invasive procedure when hip replacement surgery is their treatment of choice. One of the least invasive surgical options is Anterior Hip Replacement\(^1,8\) — a technique that minimizes the pain\(^5,7\) and time from surgery to recovery.\(^4,7\)

The Anterior Approach to hip replacement surgery allows the surgeon to reach the hip joint from the front of the hip as opposed to the lateral (side) or the posterior (back) approach. This way, the hip can be replaced without detachment of muscle from the pelvis or femur during surgery. The surgeon can simply work through the natural interval between the muscles. The most important muscles for hip function, the gluteal muscles that attach to the pelvis and femur, are left undisturbed and, therefore, do not require a healing process to recover from surgical trauma.\(^4,6\)

Typical Recovery Comparison*  

**Anterior Approach**

- Shorter Hospital Stay: 2 to 7 days
- Smaller Incision: 3 to 5 inches
- Less Muscle Trauma: No muscles detached
- Faster Recovery: 2 to 8 weeks

**Conventional Surgery**

- Average Hospital Stay: 3 to 10 days
- Average Incision: 10 to 12 inches
- Average Muscle Trauma: Muscle cut and/or detached from bone
- Average Recovery: 2 to 4 months

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Dr. Matta is regarded as the orthopedic surgeon who introduced the Anterior Approach to the United States from its European roots. Having performed thousands of Anterior Approach Hip Replacements himself, Dr. Matta has advanced the procedure through improved protocols, the introduction of a specialized surgical table, and the training of orthopedic surgeons in the Anterior Approach technique.

“Using the Anterior Approach allows surgeons to work between the muscles, without detaching them from the hip or thigh bones” says Dr. Matta. “When these important muscles are left relatively undisturbed, patients can expect to be on their feet much faster, making quicker steps toward recovery.”

**hana* Surgical Table**

A technology advanced surgical table used for the Anterior Approach Hip Replacement.